Course Syllabus

Course Description
This course provides an overview of the scientific study of human behavior. Topics include history, methodology, biopsychology, sensation, perception, learning, motivation, cognition, abnormal behavior, personality theory, social psychology, and other relevant topics. Upon completion, students should be able to demonstrate a basic knowledge of the science of psychology. This course has been approved for transfer under the CAA as a general education course in Social/Behavioral Sciences. This course has been approved for transfer under the ICAA as a general education course in Social/Behavioral Sciences. This is a Universal General Education Transfer Component (UGETC) course.

Prerequisite: ENG 085 or DRE 096

Faculty Information

Semester: Fall 2014; Spring and Summer 2015

Credit hours: 3

<table>
<thead>
<tr>
<th>Instructor</th>
<th>Office</th>
<th>Telephone</th>
<th>Email</th>
<th>Office Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dr. Laura</td>
<td>Van Dusen 224</td>
<td>910-695-3770</td>
<td><a href="mailto:hill@sandhills.edu">hill@sandhills.edu</a></td>
<td><strong>Fall &amp; Spring</strong></td>
</tr>
<tr>
<td>Hill</td>
<td></td>
<td></td>
<td></td>
<td>M: 8-9:50 a.m. &amp; 12-2:30 p.m.</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>T: 8 a.m.-2:30 p.m.</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>W: 8-9 a.m. &amp; 1:30-2:30 p.m.</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Th: 8:30 a.m.-2:30 p.m.</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>F: 8-9:50 a.m. &amp; 12-1 p.m.</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td><strong>Summer</strong></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>M-Th: 8-10:30 a.m. &amp; 1:10-3:30 p.m.*</td>
</tr>
</tbody>
</table>

- Office Hours are subject to change at the discretion of the instructor. Please refer to the class’ Moodle site for current postings.
Major Course Goals

Upon successful completion of the course, you will have done the following:

- Defined psychology, describe its’ goal and methods, as well as distinguished between the different branches of psychology.
- Explained the integration of biological, social, and psychological factors in determining human behavior.
- Mastered terms, names, concepts and theories vital to the understanding of psychology as a science.
- Applied psychological principles and findings to society as well as to your own personal experience.

During the semester, you will receive specific reading assignments to assist you in reaching the learning outcomes for each module of study. The module objectives and learning outcomes are provided on Moodle.

General Education

Students who are successful will demonstrate competencies in the following general education areas: social and personal responsibility, communication, critical thinking, and technical literacy.

You will develop your communication skills through writing assignments, class discussions and small group activities. You will have opportunities to develop your critical thinking and technical literacy skills through various reading assignments, psychological investigations and lab assignments. All of these areas will assist in the development of your social and personal responsibility as it pertains to the topics covered in this class.

Required Course Materials

2. **PSY 150: General Psychology Handbook.** This can be purchased at the SCC bookstore. This handbook provides students with information pertaining to Moodle, as well as materials that will be used in this class throughout the semester.
3. **Required Software:** To access your online course you will need access to the Internet. For courses using Moodle, we recommend Mozilla Firefox, Internet Explorer, or Safari. Although there are no absolute requirements, computers with faster Internet connections, faster processors, and more memory will get better results. Keep in mind that if you have difficulties connecting to the class or a slow connection, the problem could be occurring at many levels.

Remember: When submitting written assignments, you will need to send them as either Microsoft Word (.doc or .docx) or rich text format (.rtf) files.
Grading Policies
The assignments in this course have been designed to enhance your educational experiences attached to this course. Scores will be posted in the Moodle gradebook in as timely a manner as possible. Your final grade will be based on the following areas of evaluation and their weighted scores. To receive credit for the course, you must complete each of the following:

<table>
<thead>
<tr>
<th>Item</th>
<th>Percent</th>
</tr>
</thead>
<tbody>
<tr>
<td>Final Exam</td>
<td>25%</td>
</tr>
<tr>
<td>Psychology Labs</td>
<td>30%</td>
</tr>
<tr>
<td>Psych. Investigations</td>
<td>20%</td>
</tr>
<tr>
<td>Chapter Quizzes</td>
<td>15%</td>
</tr>
<tr>
<td>Attendance</td>
<td>10%</td>
</tr>
</tbody>
</table>

GRADING SCALE

<table>
<thead>
<tr>
<th>Letter Grade</th>
<th>Percent or Numerical Range</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>90-100</td>
</tr>
<tr>
<td>B</td>
<td>80-89</td>
</tr>
<tr>
<td>C</td>
<td>70-79</td>
</tr>
<tr>
<td>D</td>
<td>60-69</td>
</tr>
<tr>
<td>F</td>
<td>0-59</td>
</tr>
<tr>
<td>DR</td>
<td>A student may receive a &quot;DR&quot; for dropping the course prior to October 19 (Fall) and March 26 (Spring). If you decide that this is the best option for you, complete the course change form prior to this date.</td>
</tr>
<tr>
<td>FW</td>
<td>Withdraw Failing</td>
</tr>
<tr>
<td>WP</td>
<td>Withdraw Passing</td>
</tr>
<tr>
<td>I</td>
<td>Incomplete</td>
</tr>
</tbody>
</table>

Academic Integrity
In addition to good academic performance, students should exhibit honesty and integrity. If there is any question that academic honesty and integrity are not honored, students may be required to redo assignments in the presence of an instructor-selected monitor. Proof of dishonesty, including plagiarism, will make students subject to disciplinary action. Please see the "SCC Policy Statements" below for more information.

Plagiarism
Avoid plagiarism with all written assignments—including discussion forums. What is plagiarism? Each instructor may take a slightly different view on this policy. For me, plagiarism is two-fold:
1) You cannot use material directly (e.g. cut-and-paste) from another source without using quotation marks and citing your source.

2) If you paraphrase (put information into your own words) data or ideas from another source, then you need to refer to your source here as well.

If an assignment is found to contain some plagiarized information, that person will be given an opportunity to rewrite the paper or receive a "0" for this assignment.

**Access/Disability Policy**

Please consult the "SCC Policy Statements" found at the end of this syllabus.

**Attendance Policies**

The state auditor requires that the instructor be able to demonstrate that students are participating in the course on a regular basis. All assignments should be completed by the assigned due dates, including reading assignments, classroom discussions, film report, quizzes, and exams. **Late work may not be accepted or may result in a grade penalty.**

- **Adding and Dropping Courses:** A student may add a course with permission of the advisor through the second day of the semester. After that point, permission of the advisor and the instructor is needed in order to add a course. A student may drop a course at any time during the first eight weeks (or halfway through a summer session) of the semester by completing an official drop form, obtaining the signatures of the advisor and the instructor, and filing the form with the registrar. Students who stop attending class without officially dropping the course may receive a failing grade in the course.

- **Withdrawal from a Course, Program, or the College:** Emergency situations may arise after the no-penalty drop period whereby students must leave involuntarily. In this case, the student may withdraw from the course by completing a withdrawal form. The student must secure the instructor's signature on the withdrawal form. This form must be completed and filed with the registrar. Students who are passing at the time of withdrawal may receive a grade of WP. Students who are failing at the time of withdrawal may receive a grade of FW. Students who stop attending class without officially withdrawing from the course may receive a failing grade in the course.

- **Instructor-Initiated Drop or Withdrawal:** Classroom or hybrid sections: An instructor may drop or withdraw a student from a course if the student stops attending class or fails to complete two consecutive assignments. **Online sections:** An instructor may drop or withdraw a student from a course if the student fails to submit an assignment within a 10-day period (summer session) or a two-week period (fall/spring semesters).
Course Requirements

Final Exam

There will be a final exam for this class. This will be a comprehensive, open-book exam.

The Final Exam can be accessed through Moodle at www.sandhills.edu and is available until 11:55 p.m. on the scheduled test day. Please refer to the Class Calendar or Schedule Assignments for the due date. This is an open-book/computer test; so, you may work on the test periodically saving it with the close of each attempt (Click on “Next”). To ensure your success with each test, you are encouraged to answer the block of questions pertaining to the chapter under review, save your work, and then address the next block of questions as we review them in class (or online).

Since this test is available online for most of the semester and is an open-book test, there will be no make-ups.
Labs

Module 1: Learning Styles

GOAL: Complete the Learning Styles Assessment Worksheet and write a Lab Report

This lab requires you to complete four learning style assessments and record the data. After reviewing your results, determine your dominant learning style(s) and write 4-6 paragraphs describing key characteristics of this style, applying them to your life, and providing strategies that will help you better prepare for your next homework assignment, study session, or test.

Module 2: Sleep Journal

GOAL: Keep a sleep journal for three weeks (14 days).

This is an opportunity for you to review your sleep patterns. Then, make some adjustments to see how this may impact either your sleep and/or your dreams.

1) For week one, students need to keep a journal recording their normal lifestyle. Each day you will record the amount of sleep, as well as a description of how you felt the following day (irritable, refreshed, excited, etc.) and factors that may be influencing your sleep patterns (i.e. stress, job schedule, etc.). Also, record if you dreamed or not, and if so, what was the topic or theme of the dream. (NOTE: The worksheet to use for this recording process can be found on Moodle or in your handbook.)

2) The second week allows you to introduce an independent variable. For example, you might choose to exercise (either early in the day or later), meditate daily, watch a scary movie or read before going to bed, eliminate or add caffeine from your diet, get less or more sleep, adjust the time when you either go to bed or when you wake-up, drink herbal tea before going to bed, make a significant change to your diet (i.e. eliminate sugar, no starches, etc.) etc.

3) Submit a lab report summarizing your data and applying information from your textbook as appropriate.

Module 3: Emotion, Stress & Health Journal

GOAL: Keep an emotion, stress and health journal for three weeks (14 days) and submit a Lab Report.

Earlier in the semester, you had an opportunity to review your sleep patterns. Now, we'll have a chance to consider the possible relationship between emotion, stress, and health for two weeks (14 days).

1) Each student needs to keep a journal to record daily stress levels and emotional stability. (NOTE: The worksheet to use for this recording process can be found on Moodle or in your handbook.) Record the amount of stress and emotions experienced for each day and a description of how you felt the following day (irritable, refreshed, excited, etc.) and factors that may be influencing them (i.e. lifestyle/eating, exercise, relaxation time; people; situations; activities; etc.). Also, think about the ways that these experiences impacted your life in other ways such as a sleepless night or your attitude toward your family, roommate, coworkers, etc.

2) The second week allows you to introduce an independent variable. For example, you might choose to exercise, meditate daily, participate in devotionals, eliminate or add caffeine, get less or more sleep,
participate in a support group or some other organized activity, try a new hobby (e.g. gardening, quilting, painting, etc.) or sport, etc.

3) Finally, determine which of the theories regarding emotion applied to most of your noteworthy events (i.e., James-Lange, Canon-Bard, Shachter’s Two-Factor, etc.).

4) Submit a lab report summarizing your data and applying information from your textbook, as appropriate.

Module 4: Personality Assessment

GOAL: Complete each of the personality assessments twice and submit a lab report.

This lab requires you to complete various personality assessments and record the data. However, for this assignment, you will need to complete each assessment twice taking them at least 5 days between the first and second attempt. After reviewing your results, explain the importance of taking the assessment twice and summarize your results for each.

NOTE: While each assessment will provide you with a summary, you will need to put this information into YOUR words—otherwise, this is consider plagiarized material and will earn you a “0” for this assignment.
Chapter Quizzes

While reading each chapter, you will complete a timed quiz. You will have 20 minutes to complete a quiz comprised of 10 multiple-choice questions. This is intended to be a closed-book test.

Your two lowest grades for this assignment will be dropped at the end-of-the-semester. Additionally, you will be allowed two (2) attempts for your first timed quiz in order to help you get familiar with the method used for this assessment. Beginning with the second quiz, students are permitted only one (1) attempt.
Psychological Investigations

Each module will require you to complete a psychology investigation. Details about the requirements, as well as how to submit them, can be found by completing the following steps:

1) Click the link next that corresponds with the appropriate worksheet/directions in the Module Assignment box next to "Writing Assignment: Psychological Investigation."
2) If a worksheet is required, download this to your computer and save as PI1 (or 2, 3, 4)_yourlastnameyourfirstname.rtf (e.g. PI1_doejane.rtf).
3) Complete the assignment per your directions.
4) Upload your worksheet and/or answer the appropriate questions (i.e. PI1), under the header in each module that reads "Writing Assignments."

Module 1: The Amazing Colour Card Changing Trick

Module 2: Brain Dominance

Module 3: Digit ratio and Hormones

Module 4: Personality and Stress
**Attendance**

Class meetings will be organized discussions, following the attached class schedule. I expect them to branch out on various tangents within the broad limits of each topic area, as class interest dictates. Attendance in this course is extremely important, both in terms of class participation as well as for your ability to fully understand the concepts covered in the course. If you miss a class, you are responsible for any information provided, material studied or announcements made during class. **It is the student’s responsibility to coordinate with another student to get missed assignments, lecture notes, handouts or other information. The instructor is not responsible for making sure that you receive them.** In-class activities cannot be made up. A student who stops attending class may receive a failing grade.

“Because the college realizes that academic success is tied to regular attendance, students are expected to attend all class sessions…” Each absence from class results in a deduction of 5 points from your attendance grade. Remember, attendance is worth 10% of your final grade in this class.

Coming late or leaving early is not acceptable (unless approved by the instructor in advance). It is disruptive and unfair to the other students and the instructor. If you should come to class late or leave early, then it will be recorded as tardy with 3 tardies equivalent to one absence.

<table>
<thead>
<tr>
<th>Absence</th>
<th>Points Fall/Spring (-4 pts)/Summer (-6 pts.)</th>
<th>Number/Letter Grade Equivalent for Fall/Spring</th>
<th>Number/Letter Grade Equivalent for Summer</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>-4 (Fa/Sp)/-6 (Su)</td>
<td>96/A</td>
<td>94/A</td>
</tr>
<tr>
<td>2</td>
<td>-4 (Fa/Sp)/-6 (Su)</td>
<td>92/A</td>
<td>88/B</td>
</tr>
<tr>
<td>3</td>
<td>-4 (Fa/Sp)/-6 (Su)</td>
<td>88/B</td>
<td>82/B</td>
</tr>
<tr>
<td>4</td>
<td>-4 (Fa/Sp)/-6 (Su)</td>
<td>84/B</td>
<td>76/C</td>
</tr>
<tr>
<td>5</td>
<td>-4 (Fa/Sp)/-6 (Su)</td>
<td>80/B</td>
<td>70/C</td>
</tr>
<tr>
<td>6</td>
<td>-4 (Fa/Sp)/-6 (Su)</td>
<td>76/C</td>
<td>64/D</td>
</tr>
<tr>
<td>7</td>
<td>-4 (Fa/Sp)/-6 (Su)</td>
<td>72/C</td>
<td></td>
</tr>
<tr>
<td>8</td>
<td>-4 (Fa/Sp)/-6 (Su)</td>
<td>68/D</td>
<td></td>
</tr>
<tr>
<td>9</td>
<td>-4 (Fa/Sp)/-6 (Su)</td>
<td>64/D</td>
<td></td>
</tr>
<tr>
<td>10+</td>
<td>-4 for each absence during the fall and spring semesters/-6 for each absence during the B summer session</td>
<td>F</td>
<td>7+ absences F</td>
</tr>
</tbody>
</table>
Extra Credit

For extra credit, you may watch the movie, The Science of Sex Appeal (available on Netflix as an instant download or you may check this out from our SCC library), and complete one of the following options:

• 1-page summary of the film to replace a missed or low grade on a psych. investigation, chapter quiz, or attendance (1 page = 1 absence).

• 3-4 page summary of film and research paper in lieu of a missed or low grade on a lab assignment. (For this option, you should include citations from at least 2 sources--including the film.)

• A multiple page summary of film and research paper in place of a missed or low grade on a chapter quiz. For this option, 1 page = 1 chapter quiz. (For this option, you should include citations from at least 3 sources--including the film.)

Assignment must be submitted by _____________________.(Check your Schedule of Assignments or Class Calendar for the due date for this assignment.) Formatting should include a typed paper using 12-point Times New Roman font with APA citations and reference page. On the cover page, list your name, this class, and which assignment you want credit for--e.g. psych. investigation (which one), specific lab assignment, or chapter quiz(zes).

NOTE: This video is available for students via the following methods:

1) Netflix (instant download). First, if you have a Netflix account with the instant download option, you may download this film to your account to view.

2) Check-out option with SCC’s Boyd Library. If you do not have a Netflix account, copies of this video are available “on reserve” at SCC’s Boyd Library. Students may check these out for 24-hours with their student ID card.

3) View online at Discovery Channel via http://dsc.discovery.com/tv-shows/other-shows/videos/other-shows-science-of-sex-appeal-videos.htm. If you select this option, be sure to watch all 20 segments.
Emailing the Instructor

When you email the instructor for this PSY class, there are a couple of guidelines to assist with this communication:

1. Enter the instructor’s email: hill@sandhills.edu

2. When sending an email to your instructor, please put the class and the section number (i.e. PSY 150 N01, PSY 150 N02, PSY 150 FN1, PSY 241 H01, PSY 259 N01, PSY 150 005, or PSY 150 007).

3. Finally, be sure to put your full name at the end of your message.
Campus Information and Policies

Academic Honesty
The college believes that the pursuit of knowledge requires honesty. Students are expected to act appropriately and deal honestly in all aspects of their interactions with the college and their academic work. The college will not tolerate dishonest acts such as: copying the work of another; using unauthorized help, books, or notes on examinations or projects; or intentionally representing the work of another as one’s own without proper reference (plagiarism). The consequences of academic dishonesty may vary according to circumstances. Actions that could be taken include, but are not limited to: failing grade for the work involved, failure in the course, or removal from the course.

- Policy on Plagiarism
  Assignments, papers, and homework are to reflect the student's knowledge of the topic after consulting various forms of resources. To avoid plagiarism proper documentation is required for any resources which are quoted or paraphrased. Plagiarism is considered a serious offense and is considered academic dishonesty.

Classroom Conduct
Faculty and students have the right to a classroom atmosphere that is conducive to study, thought, and full concentration on study topics. Behavior which threatens such an atmosphere, disrupts learning and teaching activities, or creates an atmosphere of fear and intimidation will not be tolerated.

You are expected to be an active participant in this class. Absolutely no cell phone, MP3, or other high-tech materials may be used in class unless at the direction of the instructor.

Computer Use
The college expects and requires ethical and responsible behavior of individuals using information resources, which include computers and the college network and Internet capabilities. Individuals using these resources must abide by the college’s Acceptable Use Policy, which requires respecting intellectual property rights, protecting private information, refraining from accessing inappropriate or offensive information, and ensuring open access to available resources.

Student Grievance Procedure
The college assures Sandhills students that their grievances will be considered fairly, rapidly, and in a non-threatening atmosphere. Any student who feels unfairly treated may follow the student grievance procedure, which is described in detail in the Student Handbook.

Annual Security Report
To comply with federal laws the college provides information about serious crimes on campus that have occurred during the last three years. Copies of the Campus Crime Statistics Report and Annual Security Report may be obtained by contacting the main campus switchboard (910.692.6185) or the director of the Hoke Center (910.875.8589). The information can also be found on the college's website at www.sandhills.edu/security.html.
Use the link below to read a summary for students of various policies and services listed in the Sandhills Community College General Catalog:


Use the link below to read a summary for students of various policies and services listed in the Sandhills Community College Student Handbook:

Student Support Services

Advising

Each student is assigned a faculty advisor to help develop you register for classes each semester. If your faculty advisor is not available to assist you or you have other pertinent question, then the Student Success Center (located on the second floor in Stone Hall) is available to assist you.

Counseling

Sandhills offers counseling to its students in three areas: 1) career exploration, 2) college transfer, and 3) issues related to personal growth. If you need to schedule an appointment with one of these professional counselors, please call 695.3725.

Library/Learning Resource Center

In order to use the SCC library, you must have a student ID which can be obtained on the first floor of the Dempsey Student Center. The library provides students with a variety of research and study options, including a Learning Resource Center—a computer lab available with Internet access, word processing, computer-based tutorials, and assistance with distance learning coursework.

Library Hours: Mon.-Thurs. 7:45 a.m.-9:30 p.m. Fri. 7:45 a.m.-5 p.m. Sat. 8:30 a.m.-2:30 p.m.

Men of Valor

The mission of the SCC’s Men of Valor, formerly recognized as 3MP program, states that its primary goal is “to increase graduation and retention rates among minority males through collegial guidance, seamless support, social opportunity and academic mentoring….“ Other program goals designed to enhance the educational experience include creating awareness of resources available on and off campus, fostering an environment of cultural identity, and promoting personal responsibility and accountability.

Project Promise

Project Promise is a support program that provides a variety of services for SCC students including personal and academic counseling, specialized tutoring, laptop loans, field trips, support groups, career exploration and free workshops. To find out if you qualify, call 695.3978.

Students with Special Needs (ADA)

The college strives to provide an equal educational opportunity to all. In compliance with college policy and equal access laws, professors are available to discuss appropriate academic accommodations that may be required for a student with special needs. However, students with special needs may contact the Tutoring Center in Logan Hall and submit the request for further assistance.

Tutoring

Free tutorial assistance is offered at the Tutoring Center located in Kennedy Hall, room 149. To learn more, call 695.3942.
*The syllabus and schedule of assignments may change at the discretion of the instructor.

Department Chair Approval: __________